



Weaving simple, guided movement sequences and free exploration, JourneyDance reconnects you with your innate state of joyous well-being. Your mind becomes clear, free and positive and your body feels supple, energized and powerful. Practiced barefoot to inspiring world music, your dance is an empowering journey of transformation.

Come join the celebration!

Wednesday, February 22nd

8:30PM

Saturday, February 25th

1:00PM

Hosted by

